

UPWARD BOUND AT UVA WISE MYTHS -VS- FACTS

✗ UB is only for students with poor grades.

✓ Participants must maintain a 2.5 GPA and must want to go to college after high school.

✗ UB students are expected to attend UVA Wise.

✓ UB will help participants pursue admission to any college they wish.

✗ UB wants me to earn a bachelor's degree from a 4-year university.

✓ Whether it's a community college or an ivy league university, UB wants to help each student find the career/college path that is RIGHT FOR THEM.

✗ UB requires a big time commitment from students.

✓ Aside from advising and monthly meetings at UVA Wise, the biggest requirements are that you go to school, do your best, and ask for help if you need it.

✗ Students have to pay for UB's services.

✓ All of UB's services, and activities are provided at no cost to the participant nor their family.

✗ One of my parents has a college degree, so I'm not eligible for UB.

✓ If neither parent has a 4-year BACHELOR'S DEGREE, you are eligible. If they do have one, you may still be eligible based on household income.

✗ I want to work in a trade like welding or electricity, so UB can't help me.

✓ There are associate degree programs in trades like welding, electricity, HVAC, and more! UB would help you learn about these options and get enrolled!



APPLY ONLINE AT
UVAWISE.EDU/UPWARD-BOUND

OR SCAN THIS
OR CODE



QUESTIONS?
UPWARDBOUND@UVAWISE.EDU

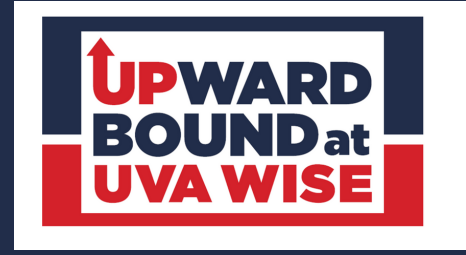
@UVAWiseUpwardBound

ASK YOUR GUIDANCE OFFICE FOR MORE INFORMATION

UPWARD BOUND
UVA WISE, ZEHMER HALL
ONE COLLEGE AVENUE
WISE, VA 24293



The Upward Bound program at UVA Wise is funded in total (100%) by federal dollars from the U.S. Department of Education, with an annual budget of \$427,133. For questions and other information, please contact Shelby Roberts, Director of Upward Bound at 276-328-0175.



ALL UB PARTICIPANTS RECEIVE THESE YEAR-ROUND SERVICES

PERSONALIZED ACADEMIC ADVISING

When it comes to academics, there is no "one size fits all" approach. UB works hard to provide each participant with college-prep services tailored to their individual needs, characteristics, and goals.

COLLEGE-PREP WORKSHOPS

Fun and engaging workshops provide participants with valuable insight into topics like study habits, time management, financial aid, applying to college, and much more!

CAREER EXPLORATION

UB provides career exploration services to help students make informed decisions about their future. These services range from self-assessments to help students learn more about themselves to job-shadowing opportunities in the community.

CULTURAL ACTIVITIES

A major component of UB is exposure to different cultural and social activities in our region and beyond. Whether it's a museum, an outdoor play, or touring an Amish homestead, these activities are both fun and educational.

PARTICIPATION STIPEND

Students earn money each semester and during the summer program for their participation in UB.

COLLEGE TOURS

UB regularly visits other colleges and universities in the region to give participants a first-hand look at the many opportunities that exist after high school.

FINANCIAL LITERACY

UB incorporates financial literacy education throughout our program to help students learn how to manage their personal finances.

COLLEGE APPLICATION & FINANCIAL AID GUIDANCE

Applications, transcripts, and deadlines - oh my! Senior year is tough. Students have to make some of the most important decisions of their lives, all while dealing with classes and other obligations. UB strives to help seniors demystify and navigate the ocean of paperwork that awaits them in 12th grade!

TUTORING

UB participants have access to 24/7 tutoring services in most subjects.

CORE SUBJECT INSTRUCTION

During both the school year and the summer program, UB provides instruction in core subjects (math, science, English, etc.) to strengthen students' fundamental skills.

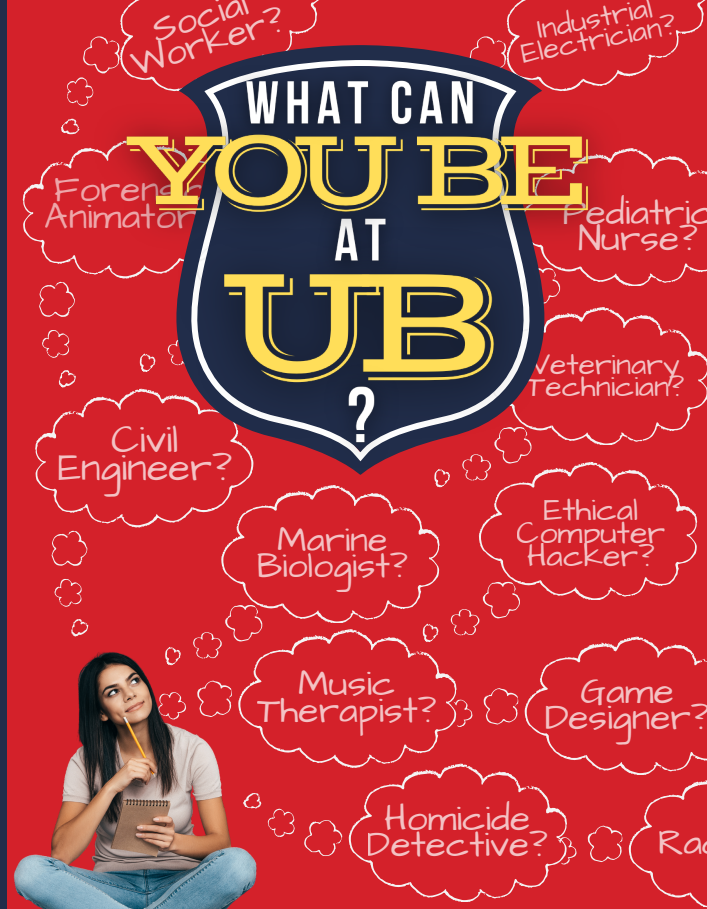
"COLLEGE SIMULATION" RESIDENTIAL SUMMER PROGRAM

Each summer, UB participants have the opportunity to experience life as a college student. Students live in an actual residence hall, eat in the campus cafeteria, take classes in actual college classrooms, go on fun-filled trips, and so much more. It is truly an amazing educational experience you will never forget!

SUMMER BRIDGE PROGRAM

Bridge is for eligible UB participants who have just graduated high school. As the name suggests, this program is designed to "bridge" the gap between high school and college. It is very similar to the regular summer program, except Bridge students take actual college classes and are eligible to take part in a paid summer internship.

WHAT CAN YOU BE AT UJB?



DID YOU KNOW?

Unemployment rates for those with only a high school diploma (5.4%) are **MORE THAN DOUBLE** rate for college graduates (2.4%).
<https://www.bls.gov/emp/tables/unemployment-earnings-education.htm>

On average, a person with a Bachelor's degree will earn **OVER \$1 MILLION MORE** over their lifetime than a person with only a high school diploma.
<https://www.bls.gov/careeroutlook/2021/data-on-display/education-pays.htm>

Up to **85%** of the jobs that will exist in 2030 **DO NOT EVEN EXIST TODAY!**

www.voanews.com/a/most-of-2030-s-jobs-haven-t-been-invented-yet/4778002.html

A 2016 study found that an additional year of college **DECREASES MORTALITY RATES BY 15% TO 19%** by reducing deaths from cancer and heart disease.
www.sciencedirect.com/science/article/pii/S016762961

Another 2016 study found that **60%** of workers with a Bachelor's degree **BELIEVE THEIR JOB GIVES THEM A SENSE OF IDENTITY**, versus just **38%** of those with a high school diploma or less.
www.pewresearch.org/social-trends/2016/10/06/3-how-americans-view-their-jobs/

What is Upward Bound?

Upward Bound is a federally-funded, pre-college program whose sole mission is to provide **first-generation and/or low-income students** with the tools and motivation they need to pursue a college degree after high school. All participants receive **intensive academic support**, as well as opportunities for career exploration, college tours, and cultural enrichment activities. While there are nearly 1000 programs in the nation, the UVA Wise Upward Bound Program is one of the oldest, having been in **continuous operation since 1965**.

Upward Bound at UVA Wise has **two parts** - a summer component and an academic year component. **During the summer**, students live on campus (going home on weekends) for a fun-packed, 4-6 weeks where they receive instruction in core subjects to prepare them for the upcoming school year. **During the academic year**, students attend monthly meetings at UVA Wise, participate in individual advising sessions, and receive a wide variety of academic support services.

Who is eligible to participate?

In order to participate, applicants must meet the following eligibility:

ALL THREE OF THESE CRITERIA:

- Be in the 9th-12th grade
- Attend Central HS, Eastside HS, Union HS, or Ridgeview HS
- Plan to enroll in college immediately after high school



AT LEAST ONE OF THESE CRITERIA:

- Neither parent has a **4-year bachelor's degree***
- Family income meets eligible levels

*If the highest level of education among both parents is a 2-year associate's degree, their child IS eligible.