

Resource Book





Table of Contents

FOOD RESOURCES PAGE 1

HEALTH RESOURCES PAGE 5

MENTAL HEALTH & SUBSTANCE ABUSE RESOURCES
PAGE 8

BEHAVIORAL HEALTH SERVICES PAGE 11

DOMESTIC VIOLENCE RESOURCES PAGE 13

HOUSING RESOURCES PAGE 14

SUPPORT GROUPS/AGENCIES PAGE 18

LEGAL RESOURCES PAGE 21

DISABILITY SERVICES PAGE 22

MISCELLANEOUS SERVICES PAGE 25

YOUTH RESOURCES PAGE 27

SUICIDE & CRISIS LIFELINE PAGE 33

Food Resources

THE DICKENSON COUNTY FOOD BANK

Address:

1280 Browning Hollow
Clintwood, VA 24228

Phone: (276) 926-7136

Hours: Tuesday 8-12

FEEDING SOUTHWEST VIRGINIA

Address

21452 Gravel Lake RD
Abingdon, VA 24211

Phone: 276-628-9266

Hours: Monday - Friday 8:00 am - 5:00 pm



MOBILE FOOD PANTRY & MOBILE MARKETPLACE

WWW.FEEDINGSWVA.ORG

FOOD BANK OF WISE COUNTY, INC.:

THE **BIG STONE GAP BRANCH** IS LOCATED IN THE FORMER HAYNES GROCERY BUILDING AT 914 WOOD AVENUE, EAST (JUST PAST KFC), AND IS OPEN ON TUESDAYS AND THURSDAYS FROM 9:30 TO 11:30 A.M. THE TELEPHONE NUMBER IS (276) 523-2110.

THE **NORTON BRANCH** IS LOCATED AT 5335 ESSERVILLE ROAD, NEXT TO KIDS CENTRAL, AND IS OPEN TUESDAYS AND FRIDAYS FROM 9:30 TO 11:30 A.M. THE TELEPHONE NUMBER IS (276) 679- 3663.

THE **POUND BRANCH** - 8033 MAIN STREET POUND - THURSDAY, 9:30 AM - 11:30: PM - NO PHONE

SNAP - Supplemental Nutrition Assessment Program

SNAP benefits will help you buy nutritious food for your household. You may also buy seeds or plants to grow your own food.

Additional information about SNAP benefits is available at www.dss.virginia.gov.



Food Resources

APPALACHIA UNITED METHODIST CHURCH:

Open every Tuesday and Wednesday from 10:00 to 11:00 a.m. Serves the Appalachia area but may help those who live nearby in emergencies. Call (276) 565-1014.

CHURCH OF GOD OF PROPHECY, COEBURN:

Donates to the food bank that is operated by Friendship Baptist Church but may help those in need in extreme emergencies. The pastor is Titus Anderson, (276) 395-6889.

FRIENDSHIP BAPTIST CHURCH:

An emergency food bank that serves residents of the Coeburn area. No specific hours, but contact the church at (276) 395-7170, and arrangements will be made to meet the needy person that day. They can possibly deliver to needy persons in the Coeburn area who do not have transportation. The pastor is Johnny Adkins.

HOPE CENTER:

Provides food boxes once a month per family. Operated by the First Baptist Church of Coeburn. Open Thursdays from 10:00 a.m. to 1:00 p.m. 276-395-6237

ST. PAUL FIRST BAPTIST CHURCH:

Open Tuesdays from 9:00 to 11:00 a.m. Call (276) 762-9440.

SECOND HARVEST FOOD BANK OF POUND:

Call (276) 796-5062. Open the third Wednesday of each month from 9:00 a.m. to 12:30 p.m., Located past NAPA.

STEVENS CHURCH OF GOD:

Open the 4th Thursday of each month from 6:00 to 7:00 p.m. They are located at 802 West Main Street, Wise. Their telephone number is 3276-28-5726.

ZION FAMILY MINISTRIES:

Open the 4th Monday of each month from 10:00 a.m. to 3:00 p.m. They are located at 1613 Norton Rd. SW Wise, VA 24293. Their phone number is (276) 679- 1871.

FIRST BAPTIST CHURCH OF APPALACHIA:

Serves those in the Appalachia area but may help those who live nearby in emergencies. Call 276-565-9954.

FREEDOM OF WORSHIP CHURCH AVENUE KITCHEN:

Hot meals are served every other Thursday beginning at 4:00 pm. They are located at 308 Coeburn Ave., Norton (near the movie theater)

HIS DAILY BREAD MOBILE FOOD CENTER:

Hot meals are served every other Monday from 4:30 pm to 6:30 pm behind Commonwealth Catholic Charities in Norton. Sponsored by Esserville Community Church

Lonsomepine Mutual Aid

Free Community Meals Big Stone Gap – Third Sunday of each Month

Health Resources

THE HEALTH WAGON

Wise Office

Address:

5626 Patriot Drive
Wise, VA 24293

Phone: (276) 328-8850

Hours: Tuesday 8-12

Clintwood Office

Address:

927 Happy Valley Drive
Clintwood, VA 24228

Phone: (276) 926-2254

Hours: Tuesday 8-12



OUR MISSION

THE HEALTH WAGON'S MISSION IS TO PROVIDE COMPASSIONATE, QUALITY HEALTH CARE TO THE MEDICALLY UNDERSERVED PEOPLE IN THE MOUNTAINS OF APPALACHIA.

OUR VISION

THE HEALTH WAGON IS AN INNOVATIVE LEADER IN THE PROVISION OF QUALITY HEALTH CARE SERVICES THAT ARE COMPASSIONATE, COMPREHENSIVE, AND ACCESSIBLE WHOSE ULTIMATE MANDATE IS TO PROMOTE A HEALTHY COMMUNITY THROUGH EDUCATION, EMPOWERMENT, COLLABORATION, AND OUTREACH.

[HTTPS://THEHEALTHWAGON.ORG/WHO-WE-ARE/](https://thehealthwagon.org/who-we-are/)



The Health Wagon visits 13 sites in Southwest Virginia's Buchanan, Dickenson, Lee, Russell, Scott, and Wise counties on a weekly, biweekly, and monthly basis.

TOWN	LOCATION	SCHEDULE DAY
Weber City, VA	Food City 3004 US-23	First Thursday
Big Stone Gap, VA	Food City 603 Wood Ave W.	Second Monday
Duffield, VA	Food Country 42158 US-58	Second Tuesday
Pound, VA	IGA 11133 Indian Creek Road	Second Thursday Fourth Thursday
Lebanon, VA	Lebanon Farmers Market 137 Highlands Drive	Third Monday
St. Paul, VA	Food City 16410 Wise St.	Third Thursday

[HTTPS:THEHEALTHWAGON.ORG](https://thehealthwagon.org)

Health Resources



DICKENSON COUNTY HEALTH DEPARTMENT

334 BRUSH CREEK ROAD
P.O. BOX 768
CLINTWOOD VIRGINIA 24228-0768

PHONE: (276)926-4979

FAX: (276)926-5380

BUSINESS HOURS :

CLOSED ON MAJOR HOLIDAYS

MONDAY - FRIDAY

8:00 AM - 4:30 PM

SATURDAY CLOSED

SUNDAY CLOSED



WISE COUNTY HEALTH DEPARTMENT

134 ROBERTS AVENUE, SW
WISE VIRGINIA 24293

PHONE: 276-328-8000

FAX: 276-376-1020

BUSINESS HOURS:

CLOSED ON MAJOR HOLIDAYS

MONDAY - FRIDAY

8:00 AM - 4:45 PM

SATURDAY CLOSED

SUNDAY CLOSED

SERVICES

- VACCINES
- CHILD DEVELOPMENT CLINIC
- CLINIC AND OUTREACH SERVICES
- COMMUNITY HEALTH EDUCATION
- COMPREHENSIVE HARM REDUCTION AND SYRINGE SERVICES PROGRAM
- DENTAL HEALTH SERVICES
- DIABETES
- DIABETES TELE-EDUCATION
- EMERGENCY PREPAREDNESS AND RESPONSE
- ENVIRONMENTAL HEALTH SERVICES
- FAMILY PLANNING AND BIRTH CONTROL
- FOOD SAFETY
- IMMUNIZATION
- TELEMEDICINE
- PHARMACY ACCESS
- LONG-TERM CARE SCREENINGS
- PLAN FIRST
- TEXT 4 BABY
- WIC
- BABY CARE
- RESOURCE MOTHERS
- CAR SEAT PROGRAM
- BREAST FEEDING PEER COUNSELOR PROGRAM
- HEALTH EDUCATION PROGRAMS
- QUIT NOW VIRGINIA
- PREP PROGRAM
- SOUTHWEST CHILD DEVELOPMENT CLINIC
- VITAL RECORDS

Health Resources

STONE MOUNTAIN HEALTH SERVICES



Haysi Clinic

Address:

162 Medical Center Blvd
Haysi, VA 24256

Phone: (276) 865-5121

Hours:

Mon, Thurs, Fri: 8:00 – 5:00
Tues, Wed: 8:00 – 6:00

Appalachia Family Health Center

Address:

536 East Main Street
Appalachia, VA 24216

Phone: (276) 565-2760

Hours:

Mon – Fri: 9:00 – 5:00

William A. Davis Clinic

Address:

1389 Dante Road
St. Paul, VA 24283

Phone: (276) 762-0770

Hours:

Mon, Tues: 8:00 – 6:00
Wed, Thurs: 9:00 – 5:00
Fri: 8:00 – 12:00

"Whether you need a **primary care physician, dental work, or behavioral health services**, Stone Mountain Health Services for the quality care you expect and deserve. We have 12 clinics located throughout Southwestern Virginia, including Jonesville, Virginia, to provide primary medical care when you need it at an affordable cost.

Since 1976, the primary focus of our nonprofit, private group health clinic has been on providing exemplary medical, dental, and behavioral health services. As a certified quality health center, we provide services by educated and experienced health care professionals to address your every need.

What makes our practice special is that our practitioners live in the communities we serve. Our board is also comprised of individuals that reside and work within each community, and our fees are established using a sliding fee scale based on the income of our patients and their insurance. We work with your insurance, whether it's private, Medicare, or Medicaid, and can even offer you care if you are underinsured or uninsured."

Mental Health & Substance Abuse Resources

Dickenson County Behavioral Health

Address:

440 Fox Town Road
Clintwood, VA 24228

Phone: (276) 926-1680

Hours:

Mon, Tues: 8:00 – 6:00
Wed, Thurs: 9:00 – 5:00
Fri: 8:00 – 12:00

DICKENSON COUNTY BEHAVIORAL HEALTH SERVICES



Mission:

[HTTPS://DCBHS.COM](https://dcbhs.com)

To create opportunities for people seeking recovery and wellness to exercise power in their lives.

Services:

- Provide Resources for Community-Based Services
 - Transportation
 - Recovery Group Meetings
 - Recovery Support
 - Drug Courts Support
 - Home Visits
 - Peer Mentoring and Coaching
-
- **MAT** - Medication Assisted Treatment Services
 - medication management with the medical team
 - case management
 - group, individual counseling
 - peer support services
 - individualized treatment plans
 - **Project Link** - for substance-abusing women who are pregnant, post-partum, have dependent children, or who are of childbearing age.
 - outpatient substance abuse counseling
 - inpatient substance abuse treatment/detox
 - prenatal care
 - medical/dental services
 - education/vocational assistance
 - childcare assistance/parenting classes
 - transportation assistance
 - access to peer recovery services

Mental Health & Substance Abuse Resources

The Appalachian Substance Abuse Coalition's mission is to inform and engage our communities to understand, own, and address the epidemic of substance abuse and misuse



Regional Coalitions

- **Concerned About Our Community Coalition** - The Concerned About Our Community Coalition (CAOC) is a community-based prevention planning group geared towards prevention education and activities for all ages in Lee, Wise, and Scott Counties, and the City of Norton
- **Dickenson County Partner's Coalition for Prevention** - The mission of Dickenson County Community Partners Coalition is to prevent and reduce substance abuse among youth, to establish and strengthen opportunities for low-income families in Dickenson County to prosper, and to promote a healthy and safe community. Phone: (276) 926-1680
- **Mountain Movers** - To join hands and hearts by impacting our community socially, economically and spiritually by connecting resources and working together to move mountains of need in Russell County.
russellco.mountainmovers@gmail.com



Mental Health & Substance Abuse Resources

The Appalachian Substance Abuse Coalition's mission is to inform and engage our communities to understand, own, and address the epidemic of substance abuse and misuse



Prevention
Treatment
Recovery

Appalachian Substance Abuse Coalition



How much are you willing to lose?



GAMBLING PROBLEM? 1-800-GAMBLER

WE DON'T SUPPORT

Underage Use



StopSubstanceAbuse.com

PUT A LID ON IT!



Frontier Health - Wise County Behavioral Health Services



[HTTPS://WWW.FRONTIERHEALTH.ORG/](https://www.frontierhealth.org/)

Wise County

Address:

43 Champions AVE
Big Stone Gap, VA 24219

Phone:

(276) 523-8300

Children and Youth:

(276) 523-8360

Hours:

Mon,- Fri 8:00am - 5:00pm



OUTPATIENT MENTAL HEALTH AND SUBSTANCE ABUSE PROGRAMS FOR ADULTS, CHILDREN, AND ADOLESCENTS. CASE MANAGEMENT SUPPORTS TREAT-MENT BY HELPING INDIVIDUALS FIGURE OUT WHAT SERVICES ARE NEEDED, EMPOWERING THROUGH PERSON CENTERED PLANNING.

Family Preservation Services

Family Preservation Services of Virginia

Address:

340 Anderson Hollow Road
Suite 200
Norton, VA 24273

Phone:

(276) 679-1045

Hours:

Mon – Fri 8:00am – 5:00pm

REGIONAL DIRECTOR

Joni Lester, LPC
jlester@fpscorp.com

CLINICAL DIRECTOR

April Day, LPC
aday@fpscorp.com

fpscorp.com



Family Preservation Services
of Virginia
PEOPLE. PASSION. SERVICE.

SERVICES

CHILD & ADOLESCENT SERVICES

OUTPATIENT SERVICES

MENTAL HEALTH SKILL-BUILDING SERVICES

FAMILY SUPPORT SERVICES

SCHOOL-BASED SERVICES

SUBSTANCE USE TREATMENT

PSYCHIATRIC MEDICATION SERVICES

TREATMENT FOSTER CARE

INTENSIVE IN-HOME SERVICES

SUPPORTIVE IN-HOME SERVICES

THERAPEUTIC DAY TREATMENT
OUTPATIENT SERVICES

PSYCHIATRIC MEDICATION SERVICES

SUBSTANCE USE TREATMENT SERVICES – ARISE

PARENT-CHILD INTERACTION THERAPY (PCIT)



Domestic Violence Resources

FAMILY CRISIS SUPPORT SERVICES, INC. (FCSS)

[HTTPS://WWW.FAMILY-CRISIS.ORG/](https://www.family-crisis.org/)

COURT ADVOCACY	- (276) 679-7240
DOMESTIC VIOLENCE	- (800) 572-2278
HOPE HOUSE	- (800) 572-2278
SEXUAL ASSULT HOTLINE	- (877) 348-3416

24 HOUR CONFIDENTIAL HOTLINE 800-572-278

EMERGENCY SHELTER/SAFE HOUSE

EMERGENCY TRANSPORTATION

911 CELL PHONES

ASSISTANCE WITH CLOTHING, FURNITURE, AND SCHOOL SUPPLIES

CONFIDENTIAL CRISIS AND SUPPORTIVE COUNSELING

SAFETY PLANNING

SUPPORT GROUPS

HOSPITAL AND COURT ACCOMPANIMENT

OUTREACH AND AFTERCARE SERVICES

CRIMINAL JUSTICE INFORMATION

ASSISTANCE FOR INDEPENDENT LIVING



VICTIM WITNESS PROGRAMS

Dickenson County - (276) 926-1678 **Cell (CALL OR TEXT)** - (276)365-6214

Russell County - (276) 889-8225

Lee County - (276) 346-2689

Wise County - (276) 328-4421



CALL 911 FOR YOUR LOCAL SHERIFF'S DEPARTMENT FOR EMERGENCIES

NATIONAL DOMESTIC VIOLENCE HOTLINE

HOURS: 24/7. LANGUAGES: ENGLISH, SPANISH AND 200+ THROUGH INTERPRETATION, SERVICE LEARN MORE

800-799-7233

**NATIONAL
DOMESTIC
VIOLENCE
HOTLINE**



CRISIS CENTER 24-HOUR CRISIS HOTLINE - (276) 466-2312 OR (866) 953-0484

Housing Resources

FAMILY CRISIS SUPPORT SERVICES INC. (FCSS)

[HTTPS://WWW.FAMILY-CRISIS.ORG/](https://www.family-crisis.org/)

HOPE HOUSE - (800) 572-2278

24 HOUR CONFIDENTIAL HOTLINE
800-572-278

EMERGENCY SHELTER
TRANSITIONAL HOUSING
PERMANENT SUPPORTIVE HOUSING
YOUTH HOUSING 18-24
JOB PREPARATION
EVICTION PREVENTION SERVICES
RAPID REHOUSING SERVICES
PREVENTION SERVICES
SUPPORTIVE COUNSELING
CHILDREN'S PROGRAM
INFORMATION AND REFERRAL TO:

- Housing
- Social Services
- Employment Services
- Health Services
- Education Services
- Legal Services



ENERGY ASSISTANCE (EA)

[HTTPS://COMMONHELP.VIRGINIA.GOV/ACCESS/](https://commonhelp.virginia.gov/access/)

HELP WITH BUYING FOOD - (I.E. SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP), FOOD STAMPS)
LOW OR NO-COST HEALTH CARE
HELP WITH BUYING PRESCRIPTION DRUGS
HELP WITH PAYING FOR CHILDCARE
HOME ENERGY ASSISTANCE
TEMPORARY CASH ASSISTANCE FOR FAMILIES WITH MINOR CHILDREN (I.E., TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF))



CommonHelp
a partnership with the  Virginia Department of Social Services

Emergency Housing Assistance:

- Community Aid Fund - 276-546-1080
- Family Crisis Support Services - 276-679-7240
- SHARE Homeless Intervention (emergency Rent, ETC) - 276-386-6441
- United Way of SW Virginia - 276-889-8042
- Volunteers of America (for Veterans) - 276-389-9851

Housing Resources



COMMONWEALTH CATHOLIC CHARITIES

ADDRESS:

507 PARK AVENUE
NORTON, VA 24273

PHONE:

276.679.1195

CCOFVA.ORG



ADOPTION, COUNSELING,
FINANCIAL COUNSELING,
FOSTER CARE, PREGNANCY
COUNSELING, SUPPORTIVE
HOUSING

Home Repair Assistance

- APPALACHIA SERVICE PROJECT - 276-346-3377
- APPALACHIAN COMMUNITY ACTION & DEVELOPMENT AGENCY (APPCAA) 276-452-2441
- APPCCA JUNCTION CENTER BIG STONE - 276-542-4081
- MECO - 276-523-4202
- GRACE HOUSE ON THE MOUNTAIN - 276-395-6588
- RURAL DEVELOPMENT (USDA) GATE CITY OFFICE - 276-386-3951
- RURAL DEVELOPMENT (USDA) LEBANON OFFICE - 276-889-4650
- SOUTHWEST VIRGINIA PARTNERSHIP - 276-479-3333
- BINS COUNTY COMMUNITY CENTER - (DICKENSON COUNTY) - 276-807-7051

Home Repairs



warmer. safer. drier.®

CRITICAL HOME REPAIR AND REPLACEMENT. TRANSFORMATIONAL RELATIONSHIPS.

- MAKING HOMES WARMER, SAFER, AND DRIER FOR APPALACHIAN FAMILIES
- PROVIDING CRITICAL REPAIRS TO RAISE HOMES OUT OF SUBSTANDARD CONDITION
- BUILDING NEW HOMES IN SELECT LOCATIONS WHEN HOMES ARE BEYOND REPAIR OR AFFECTED BY A DISASTER
- ESTABLISHING MEANINGFUL, LONG-LASTING RELATIONSHIPS WITH HOMEOWNERS, FELLOW VOLUNTEERS, AND STAFF
- EMPOWERING YOUTH AND ADULT VOLUNTEERS TO TAKE ON HIGH-IMPACT HOME REPAIRS
- EMPHASIZING SERVICE THROUGH MISSION TRIPS FOR YOUTH AND ADULTS OF ALL AGES, BACKGROUNDS, AND SKILL LEVELS

ADDRESS:

4523 BRISTOL HWY
JOHNSON CITY, TN 37601

PHONE:

(423) 854-8800

ASPHOME.ORG



Home Repair



AppCAA serves Lee, Scott and Wise counties, as well as the city of Norton. AppCAA also provides Weatherization and Indoor Plumbing and Rehabilitation services in Dickenson County
<https://appcaa.org/>

HOW CAN WE HELP?



CHILDRENS' PROGRAMS

After School Food Program
Imagination Library
Summer Food Program

[LEARN MORE](#)



BUSINESS & ECONOMIC DEVELOPMENT

Financial Coaching & Empowerment
Financial Workshops
Tax Preparation Service - VITA

[LEARN MORE](#)



VOLUNTEER PROGRAMS

Retired Seniors Volunteer Program

[LEARN MORE](#)



HOUSING & COMMUNITY SOLUTIONS

CHORE Program
Emergency utility services
Housing Counseling
Indoor Plumbing & Rehabilitation
New Eyes for the Needy
SafeLink Cellphone
Weatherization

[LEARN MORE](#)

Main office - Wuse County & Norton)

Phone: 276-452-2441

APPCAA Junction Center, Big Stone Gap

Phone: 276-524-4081

Clothing/Household Resources

Duds and Dough - 276-328-4105

Consignment shop and transition program providing students with disabilities on-site job training. 515 Hurricane Rd., Wise, open during public school hours.

H.E.L.P. Center

Operated by East Stone Gap Baptist Church on Monday and Wednesday from 10:00 am to 12:00 pm

Hope Center -

Provides clothing (Up to 10 items per person per month). Operated by the First Baptist Church of Coeburn. Open Tuesday from 10:00 am to 12:00 pm

Red Barn (Thrift shop) - 276-679-6709

672 Highway 58 East Norton, VA, Norton. Shopping Center next to Rural King

Two Blessings Thrift Store - 276-210-8907

16603 Russell Street Saint Paul

Twice as Nice - 276-926-5599

Located on Main Street in Clintwood, VA. Operated by Family Crisis Support

Salvation Army - Wise - 276-298-7997

106 Glade Street, Wise, VA

Wise Bargain Barn - 276-321-7201

Thrift shop located at 511 W. Main Street. Wise.

Zion Family Ministries - 276-679-1871

Open 4th Monday of each month from 10:00 am to 3:00 pm

The Attic - (Thrift Store) - 276-926-6451

Works with Dickenson County Behavioral Health to assist individuals with special needs with life skills and job opportunities.

5709 Dickenson Highway, Clintwood, VA

Binns Counts Community Center - 276-807-7051

124 Ritter Cir, McClure VA. Can provide furniture, clothing, and school supplies.

Can help get assistance with some home repairs. Also, has an emergency food pantry.

Support Groups/Agencies



Alcoholics Anonymous

Wise Va

Monday - 8:00 pm

Thursdays - 8:00 pm

110 East Main Street

Wise, VA 24293



[HTTPS://NA.ORG/](https://na.org/)

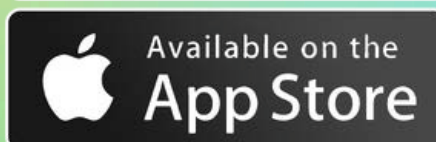
Narcotics Anonymous

Check for meeting times and locations

<https://car-na.org/>



Meeting Guide 12+
A.A. World Services
Alcoholics Anonymous World Services, Inc.
Designed for iPad
★★★★★ 4.3 • 571 Ratings
Free



Support Groups/Agencies



Meeting finder:
<https://stopsubstanceabuse.com/recovery-meeting-locations/>



NA/AA Meetings - Appalachia, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
High School	NA	Friday	7:00 PM	Open	Open Discussion

NA/AA Meetings - Big Stone Gap, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
Big Stone Gap Episcopal Church	AA	Tuesday	8:00 PM	Open	Open Discussion
Big Stone Gap Episcopal Church	AA	Sunday	8:00 PM	Open	Open Discussion
Big Stone Gap Episcopal Church	AA	Friday	8:00 PM	Open	Candlelight/Open

NA/AA Meetings - Coeburn, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
First Baptist Church	NA	Thursday	6:00 PM	Open	Open Discussion
Coeburn Methodist Church	AA	Saturday	10:00 AM	Open	Candlelight/Open
Coeburn First Baptist Church	NA	Thursday	7:00 PM	Open	Open Discussion
First Baptist Church-Medically Assisted Support Program	-----	Monday	6:00PM	Open	Open Discussion
Recovery Support Groups – Old Depot Building	-----	Wednesday	8:00PM	Open	Open Discussion

NA/AA Meetings - Wise, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
Trinity United Methodist Church	AA	Monday	8:00 PM	Open	Open Discussion
Trinity United Methodist Church	AA	Thursday	8:00PM	Open	Open Discussion

NA/AA Meetings - Clintwood, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
Clintwood VFW Building	NA	Tuesday	6:00 PM	Open	Open Discussion
Clintwood VFW Building	NA	Thursday	6:00 PM	Open	Open Discussion
Clintwood VFW Building	NA	Saturday	11:00 AM	Open	Open Discussion
Clintwood United Methodist Church	NA	Tuesday	11:00 AM	Open	Open Discussion
Clintwood United Methodist Church	NA	Friday	6:00 PM	Open	Open Discussion

NA/AA Meetings - Haysi, VA

Location	Meeting Type	Day	Time	Open/Closed	Type
Haysi New Pizza Factory	NA	Thursday	5:00 PM	Open	Open Discussion

Support Groups/Agencies

DICKENSON COUNTY COMMUNITY PARTNERS FOR PREVENTION



ADDRESS

118 PARK PL
CLINTWOOD, VA 24228

PHONE:

(276) 926-4357

HOURS

MON - FRI
8:30AM TO 4:30PM



“THE MISSION OF DICKENSON COUNTY COMMUNITY PARTNERS COALITION IS TO PREVENT AND REDUCE SUBSTANCE ABUSE AMONG YOUTH, TO ESTABLISH AND STRENGTHEN OPPORTUNITIES FOR LOW-INCOME FAMILIES IN DICKENSON COUNTY TO PROSPER, AND TO PROMOTE A HEALTHY AND SAFE COMMUNITY.”

Are you a Kinship Caregiver?

Grandparents, Aunts, Uncles, Cousins, and anyone in between may be called upon to care for relative children. If you, or someone you know, is in this situation – the Kinship Navigator Program can help locate available community resources and services. Some of these resources may include, but are not limited to:

- Physical Health/Dental Health Services
- Benefits (SNAP, Medicaid, Child Care, TANF, WIC)
- Connection to Legal Support
- Housing Information (including HUD)
- School Information, Enrollment, etc.

If you are currently raising your grandchild or a kinship relative, then you may be interested in our program. This is a federally funded program, meaning there is NO CHARGE for our services.



FOR MORE INFORMATION PLEASE CONTACT:

Nancy Boyd, Kinship Navigator 276-926-7169

Kameo Wilder, Kinship Navigator 276-926-7174 or

Tina Presley, Program Supervisor 276-926-7179

Serving the following areas in Southwest Virginia
Buchanan, Dickenson, Wise, Russell, Scott, Lee, Tazewell, and the city of Norton.
1280 Browing Hollow, Clintwood, VA 24228



Legal

VALegalAid.org

General Contact Information

www.vsb.org/

Phone [800\) 552-7977](tel:8005527977)

Toll Free [\(800\)552-7977](tel:8005527977)



Southwest Virginia Legal Aid Society

Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm. They provide free civil legal services to low-income families in 17 counties and four small cities in southwestern Virginia.

CASTLEWOOD OFFICE

Address:

16932 West Hills Drive (P.O. Box 670)

Castlewood, VA 24224

Field Office Phone: 276-762-9354

Centralized Intake Unit: 1-888-201-2772



Disability Services



Developmental Services, Inc (Frontier Health)

Address:

622 Powell Ave.
Big Stone Gap, Virginia, 24219

Phone:

(276) 523-0682

Hours:

M-F 8-5



DEVELOPMENTAL SERVICES PROVIDES A CONTINUUM OF SERVICES TO CHILDREN, YOUTH, AND ADULTS WITH INTELLECTUAL OR DEVELOPMENTAL CHALLENGES AND DISABILITIES, INCLUDING CASE MANAGEMENT, DAY SUPPORT SERVICES, RESIDENTIAL SUPPORT, AND COMMUNITY ENGAGEMENT. ALL SERVICES PROVIDED ARE REFERRED THROUGH CASE MANAGEMENT. DAY SUPPORT SERVICES ARE PROVIDED THROUGH THE ADULT ACTIVITY CENTER FIVE DAYS A WEEK. TRANSPORTATION CAN BE ARRANGED. THE ADULT ACTIVITY CENTER PROVIDES TRAINING FOR DAILY LIVING ACTIVITIES, INCLUDING GROOMING, HOUSEKEEPING, SHOPPING, COOKING AND BASIC SELF-CARE SKILLS.

DISABILITY LAW CENTER OF VIRGINIA



ADDRESS

1512 WILLOW LAWN DRIVE, SUITE 100
RICHMOND, VA 23230

PHONE:

800-552-3962 (TOLL-FREE) OR
804-225-2042

HOURS:

MON, WED, & FRI 8:30 AM – 4:00 PM

CONTACT:

INFO@DLCV.ORG

IF YOU FEEL YOUR LEGAL RIGHTS HAVE BEEN VIOLATED BECAUSE OF YOUR DISABILITY, CONTACT US! WE MAY BE ABLE TO HELP YOU ADVANCE YOUR INDEPENDENCE, PROTECT YOUR LEGAL AND CIVIL RIGHTS, OR ELIMINATE ABUSE AND NEGLECT.



Disability Services



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

DARS NORTON OFFICE

ADDRESS

949 PARK AVENUE SE
NORTON, VA 24273

PHONE:

(276) 679-2262

TOLL-FREE NUMBERS:

800.552.5019

E-MAIL:

CHRISTI.ALTIZER@DARS.VIRGINIA.GOV



DARS' MISSION: IS TO IMPROVE THE EMPLOYMENT, QUALITY OF LIFE, SECURITY, AND INDEPENDENCE OF OLDER VIRGINIANS, VIRGINIANS WITH DISABILITIES, AND THEIR FAMILIES.

DIVISION OF COMMUNITY LIVING

- OFFICE FOR AGING SERVICES
- OFFICE FOR DISABILITY PROGRAMS
 - BRAIN INJURY SERVICES
 - LONG TERM REHABILITATION CASE MANAGEMENT
 - INDEPENDENT LIVING
 - PERSONAL ASSISTANCE SERVICES
- NO WRONG DOOR

DIVISION OF REHABILITATIVE SERVICES

- AUTISM SERVICES
- BUSINESS SERVICES
- CAREER PATHWAYS
- EMPLOYMENT SERVICES AND SPECIAL PROGRAMS
- PRE-ETS & TRANSITION SERVICES
- REHABILITATION TECHNOLOGY SERVICES
- VOCATIONAL REHABILITATION

Independent Living

The Junction Center for Independent Living

Services to Persons with Disabilities, their Families, and their Community



Home: Junction Center / Independent Living Aides, Aid, Housing Assistance

We are Hiring! Please Click to Learn More and Apply! The Junction Center for Independent Living The Junction Center for Independent Living is a non-profit, non-residential program which provides services to persons...

Junction Center

ADDRESS

1520 THIRD AVENUE EAST
BIG STONE GAP , VIRGINIA 24219

PHONE:

276-524-4081 VOICE/TTY

JUNCTIONCENTER.ORG

ABOUT US

THE JUNCTION CENTER FOR INDEPENDENT LIVING IS A NON-PROFIT, NON-RESIDENTIAL PROGRAM WHICH PROVIDES SERVICES TO PERSONS WITH DISABILITIES, THEIR FAMILIES, AND THEIR COMMUNITY, FUNDED BY STATE AND LOCAL GOVERNMENTS, AND PRIVATE CONTRIBUTIONS

Services

- Pharmacy Connect
- Housing Assistance
- Personal Assistance Services
- Community Services
- Core Services
- Community Education Opportunities
- ADA/Accessibility
- Assistive Technology
- Home Modifications
- Support Groups
- Transportation
- Options Counseling

Law Enforcement Agencies Resources



TOWN POLICE DEPARTMENTS:

BIG STONE GAP - 276-523-0117
COEBURN - 276-395-2111
NORTON - 276-679-1211
ST. PAUL - 276-762-5022
WISE - 276-328-9369
DICKENSON - 276-926-1600
APPALACHIA - 276-565-3900

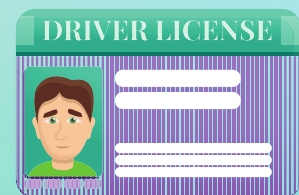


**CALL 911 FOR YOUR LOCAL SHERIFF'S DEPARTMENT
FOR EMERGENCIES**

Department of Motor Vehicles Resources



DMV PHONE NUMBER:
CLINTWOOD: 276-926-5381
NORTON: 276-679-9292
804-497-7100



[HTTPS://WWW.DMV.VIRGINIA.GOV](https://www.dmv.virginia.gov)

Social Services, Local Departments

DICKENSON COUNTY SOCIAL SERVICES - 276-926-1661

LEE COUNTY SOCIAL SERVICES - 276-346-1010

NORTON CITY SOCIAL SERVICES - 276-679-2701

RUSSELL COUNTY SOCIAL SERVICES - 276-889-3031

SCOTT COUNTY SOCIAL SERVICES - 276-386-3631

WISE COUNTY SOCIAL SERVICES - 276-328-8056



**CALL 911 FOR YOUR LOCAL
SHERIFF'S DEPARTMENT FOR
EMERGENCIES**



Youth Resources

LONESOME PINE OFFICE ON YOUTH (WISE, LEE, SCOTT, AND CITY OF NORTON)

219 WOOD AVENUE EAST
PO BOX 568

BIG STONE GAP, VIRGINIA 24219
276-523-5064

"OUR MISSION IS TO SERVE YOUTH AND FAMILIES IN SOUTHWEST VIRGINIA THROUGH EDUCATION, ACCESS TO ACADEMIC SUPPORTS, AND SAFE CRIME-FREE COMMUNITIES FOSTERING THE DEVELOPMENT OF HEALTHY FAMILIES AND CHILDREN."

YOUTH PREVENTION PROGRAM AVAILABLE FOR AGES 11-17
CALL 276-321-4182
FOR MORE INFORMATION

Teen Dating Violence Support:

Family Crisis Support Services.

701 Kentucky Ave SE
Norton, VA 24273
276-679-7240



Online Resources:

loveisrespect.org
thatsnotcool.com
breakthecycle.org
family-crisis.org

NATIONAL DOMESTIC VIOLENCE HOTLINE

HOURS: 24/7. LANGUAGES: ENGLISH, SPANISH AND 200+
THROUGH INTERPRETATION

800-799-7233
THEHOTLINE.ORG



Youth Resources

eliminating racism
empowering women

ywca

Northeast Tennessee and Southwest Virginia

MOMS-R-US

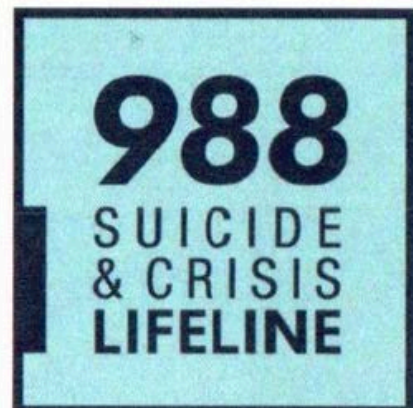
The mission is to improve the lifetime health and wellness of teens and their babies by providing education, resources, encouragement, and individualized support necessary to ensure they complete their education and work towards family self-sufficiency.

For over 25 years, we have improved the health and wellness of teen parents and their babies by educating them in all aspects of pregnancy. All of our classes are **FREE OF CHARGE** and available to teens age **19 or younger** who are pregnant for the first time.

**For more information, contact us at (423) 968-9444 or
ywca@ywcatnva.org
ywcatnva.org/moms**



If you or someone you know
needs support now,
call or text **988**
or
chat **988lifeline.org**



Youth Resources



stopbullying.gov

**Prevention:
Learn how to
identify
bullying and
stand up to it
safely**



You deserve a
welcoming, loving world.

And so do the people you care about. Here you can reach out to a counselor if you're struggling, find answers and information, and get the tools you need to help someone else.

thetrevorproject.org



Changing the Conversation About Mental Health

SINCE 2003

activeminds.org



**love is
respect**

love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.

loveisrespect.org

Youth Resources



ditchthelabel.org



GLOBAL YOUTH CHARITY

Here to help young people aged 12-25 navigate the issues affecting them the most; from mental health and bullying to identity and relationships.



notOK It's okay to be notOK.

notokapp.com

notOK App® is a free digital panic button to get you immediate support via text, phone call, or GPS location when you're struggling to reach out.

MY LIFE IS WORTH LIVING™



MY LIFE IS WORTH LIVING INCLUDES FIVE POWERFUL STORIES TOLD OVER 20 EPISODES. IN EACH EPISODE, RELATABLE TEEN CHARACTERS WRESTLE WITH CHALLENGES THAT ARE ALL TOO FAMILIAR FOR MANY VIEWERS AND DISCOVER STRATEGIES TO COPE WHEN IT FEELS LIKE THEIR OWN THOUGHTS ARE AGAINST THEM. OVER THE COURSE OF EACH CHARACTER'S JOURNEY, THEY REALIZE THAT LIFE IS WORTH LIVING.

mylifeisworthliving.org

Youth Resources

DICKENSON COUNTY COMMUNITY PARTNERS FOR PREVENTION

ADDRESS

118 PARK PL
CLINTWOOD, VA 24228

PHONE:

(276) 926-4357

HOURS

MON - FRI
8:30AM TO 4:30PM



“THE MISSION OF DICKENSON COUNTY COMMUNITY PARTNERS COALITION IS TO PREVENT AND REDUCE SUBSTANCE ABUSE AMONG YOUTH, TO ESTABLISH AND STRENGTHEN OPPORTUNITIES FOR LOW-INCOME FAMILIES IN DICKENSON COUNTY TO PROSPER, AND TO PROMOTE A HEALTHY AND SAFE COMMUNITY.”

Important Numbers

POISON CONTROL National Capital Poison Center



Contact Poison Control right away if you suspect poisoning. Help is available online with webPOISONCONTROL® or by phone at **1-800-222-1222**. Both options are free, expert, and confidential.

Get help online

or

Call 1-800-222-1222

WHAT IS LOCK AND TALK?



Lock and Talk is part of a statewide comprehensive approach to suicide prevention.



IT IS INTENDED TO:



Prevent suicides by limiting access to firearms, medications and other potentially dangerous items during a mental health crisis.



Educate the community about how to recognize and respond to warning signs of suicide.

WE PROVIDE:

- Low or no cost suicide awareness and prevention trainings
- Safety devices including locking medication boxes and gun locks
- Support material for gun retailers and ranges
- Lethal means safety guidelines
- Educational brochures and informational posters
- Consulting services to schools, workplaces, and organizations to support creating comprehensive suicide prevention policies

If you're concerned that someone you care about may be having thoughts of suicide, there are steps you can take to help keep them safe.



National Suicide Prevention Lifeline:
1-800-273-TALK (8255)

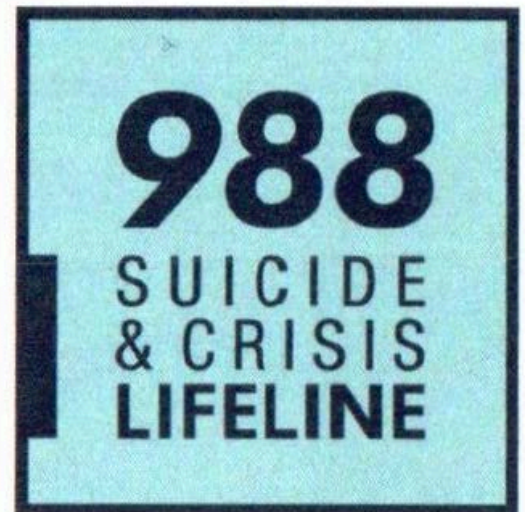
Text "Hello" to the
Crisis Textline: **741-741**

LOCKANDTALK.ORG



Suicide & Crisis Lifeline

If you or someone you know
needs support now,
call or text **988**
or
chat **988lifeline.org**



NATIONAL

SUICIDE PREVENTION
LIFELINETM

1-800-273-TALK (8255)

suicidepreventionlifeline.org

FIND LOCAL RESOURCES
CALL 211, CHAT, EMAIL, TEXT, OR
SEARCH TO GET HELP



211virginia.org